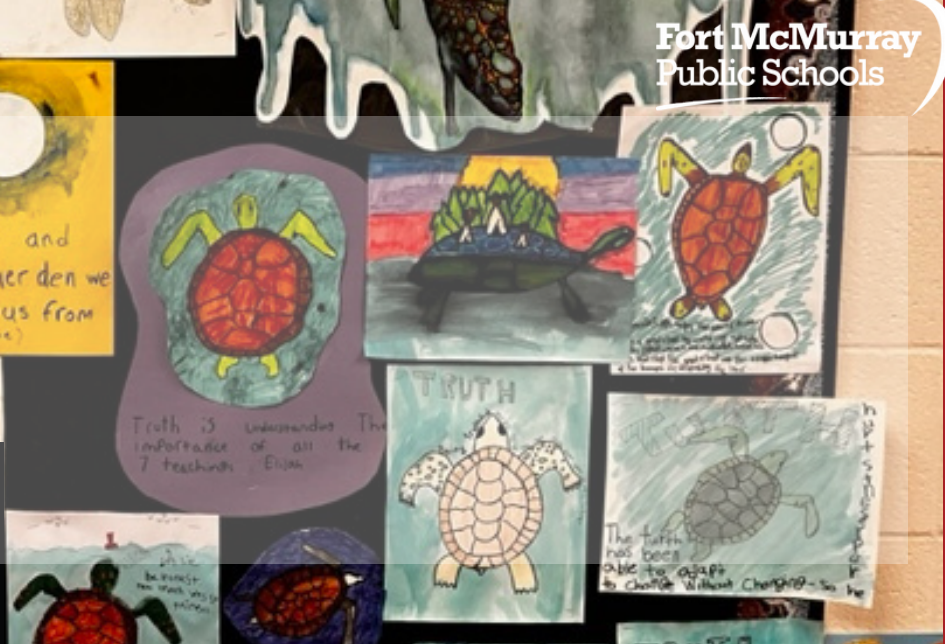


Thickwood Heights NEWSLETTER February 2023

February is one of our shortest months in the school year, with the Convention Break and Family Day Long Weekend.

January was a busy month at Thickwood with our first Vista Ridge Ski Day for Division Two, a surprise smoothie day for our students hosted by Student Council, and Keyano athletes joining us for our January Assembly and holding a shooting contest for the students. Our grade three class went to the SPCA to read to the animals and our grade six class participated in Indigenous Games at Walter and Gladys Hill School. Grade five students also participated in a Chem Squad activity virtually with the Telus World of Science, investigating a chemical spill and testing substances.



Keyano College Connection

On January 16th students from the Keyano College Soccer, Volleyball and Basketball teams joined our Thunderbirds at the monthly assembly and talked about their journey to college athletics and what sportsmanship means to them. The Huskies Mascot also joined the assembly and helped us cheer on the basketball team as they demonstrated their shooting skills to the students. Free Tickets to [Huskies Home games](#) are available in the Thickwood main office for any families interested in attending. There are both evening and afternoon games played at the Syncrude Sport and Wellness Centre.

Keyano is hosting two ACAC Conference Championships at the Syncrude Sport and Wellness Centre. First, the [ACAC Men's Volleyball Championships](#) taking place February 23rd - 25th and a couple weeks later the [ACAC Men's and Women's Futsal \(Indoor Soccer\) Championships](#) from March 10th - 12th.



Important Dates in February:

- February 3: Division PD- No Classes
- February 6: Monthly Assembly - Arctic Winter Games
- February 13 - 16: Theme Week
- February 14: Have a Heart Day for Reconciliation
- February 14 : PAC Family Valentine's Dance
- February 16: Vista Ridge Division Two Ski Day
- February 17: PLF - No Classes
- February 20: Family Day - No Classes
- February 27 - March 3: No Classes - Teacher Convention



Keyano College Athletes presenting on Sportsmanship

Thickwood News and Updates

Thickwood Thursdays

Starting in February we encourage all students to wear our school colours on Thursday to promote school spirit. Any students wearing Thickwood Red will be entered in a monthly draw for free Thickwood Merchandise

Theme Week

From February 13th to 16th Student Council is hosting a winter theme week. Monday is **Anything but a Backpack Day**, Tuesday is **Everything Red and Pink Day**, Wednesday is **Twin Day**, and Thursday is **PJ Day**.

Hot Lunches

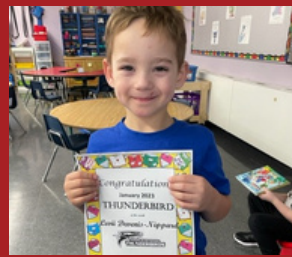
Orders can be placed by creating an account at the PAC Website: [Thickwood Hot Lunches](https://thickwoodheightsschool.entripyshops.com/). These lunches would not be possible without our amazing PAC volunteers.

School Clothing

School clothing orders are now open through our Entripy Site: <https://thickwoodheightsschool.entripyshops.com/>

Have a Heart Day

Thickwood Heights will be participating in "Have a Heart Day" on February 14th in connection with the [First Nations Child and Family Caring Society](#) to lead in reconciliation and ensure that all First Nations children have the opportunity to grow up safely at home, receive a good education, be healthy and safe.



Congratulations January Thunderbirds!



ECDP - Levii
Kindergarten AM - Declan
Kindergarten PM - Edie
Grade One - Laila
Grade One/Two - Emma
Grade Three - Ali
Grade Three/Four- Chloe
Grade Four - Kalea
Grade Five - Josh
Grade Six - Aeris

Student & Parent Opportunities

5/6 Basketball Practice

Students on the Grade 5/6 Basketball Team practice every Tuesday and Thursday from 3:00 pm - 4:00 pm in the Gym. The first tournament is February 10th at Father Mercredi

Ski Day Volunteers

Please contact the office if you are interested in volunteer for our Vista Ridge Ski Day on February 16th.

Madagascar Volunteers

Are you skilled in sewing? Familiar with tech and set design? Our March Madagascar Production is in search of volunteers to help with costumes, set and technology, and stage management. Please contact the main office if you are interested in helping.

The RMWB Pulse Line

If you have traffic or safety concern please contact the RMWB Pulse Line and submit a concern online through this [link](#) to connect with bylaw officers. Bylaw has been at the school this January to monitor crosswalks, speed limits and safe parking.

In Search of Volunteer

Coaches

WE ARE ALWAYS LOOKING FOR COACHING SUPPORT FOR OUR ATHLETES. IF YOU ARE INTERESTED IN HELPING OUT WITH BADMINTON OR TRACK AND FIELD, PLEASE CONTACT THE MAIN OFFICE AT 780-743-8417



Simple Smoothie Recipes:

Dairy Free Blueberry - Orange Juice, Frozen Blueberries, Bananas
Tropical Pineapple - OJ, Frozen Pineapple, Mango, Vanilla Yogurt, Banana
Classic Strawberry Banana - OJ, Frozen Strawberries (or mixed berries), Vanilla Yogurt, Banana

Link to [Other Smoothie Variations from Alberta Health Services Apple Schools](#)

Grade Five Art Work Display for the Monthly Indigenous Classroom Teaching for January



Our First Ski Trip to Visit Ridge in January



THANK YOU PARENT ADVISORY

FOR YOUR SUPPORT!



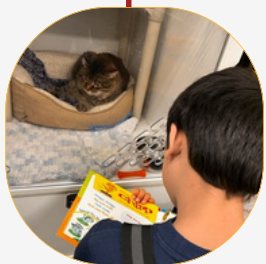
TELUS WORLD OF SCIENCE

Thank you to our Parent Advisory for supporting our Grade Fives in participating in the Telus World of Science virtual learning program as members of a "Chem Squad" working as members of an emergency response team brought in to solve an accidental truck mystery spill.



BUSSING

In January our Grade Three class travelled to the SPCA to read to animals waiting for adoption, improving their literacy skills and providing company for the pets. Students in Grades Four to Six travelled to Vista Ridge in January to take lesson in skiing and build their confidence on the hill. Both trips were possible because of bussing support by our Parent Association.



LITERACY

**TUESDAY, FEBRUARY 14TH
PAC VALENTINE'S DAY
DANCE
5:30 PM - 7:30 PM**



OUTDOOR
EDUCATION

