

NEWSLETTER

February 2025

Happy February

February is one of our shortest months in the school year, with the Convention Break and Family Day Long Weekend.

January saw our Div 2 students visit the ski hill while our grade 3 students eagerly wait for their turn at Vista Ridge for tubing.



CUPE LOCAL 2545 Strike Continuation

CUPE Local 2545 full strike continues. The Office of the Superintendent will email families as updates become available with more details. FMPSD schools continue to operate without support staff until the strike is resolved and ECDP Early Learning Classes are cancelled until supports resume.

At Thickwood, this means that our Educational Assistants, Front Office Staff, Librarian and Custodial will not return until the strike is over. This group represents two thirds of our staff. Ms. Book and Ms. Reid will be covering the front office while Ms. Moore is away. Please be patient with messages and emails while we navigate until our full team is back together.

Important Dates in February

- Feb 5- Global School Play Day
- Feb 6- Monthly Assembly
- Feb 13- Valentine Dance (dependent on strike)
- Feb 13- Have a Heart Day
- Feb 14- PLF (No School)
- Feb 17- Family Day (No School)
- Feb 19- Science Fair
- Feb 20- FMMBA School Visit
- Feb 20- Pink Shirt Day
- Feb 24-28- Convention Week (No School)



Thickwood News and Updates

School Council

Want to help make a difference at the school? School council is always looking for more parents to join. Their next meeting will be held on March 6 at 7pm. . There will be a virtual option to join sent out to all families before the meeting. School Council supports programs like Alien Inline, transportation for field trips and our annual production school.

Science Fair

Thickwood Science Fair will be held on Wednesday, February 19th. Interested students in grades 4, 5, and 6 can attend Monday and Wednesday lunch time help sessions in the green room with Ms. Spencer.

Hot Lunches

Orders can be placed by creating an account at the PAC Website: [Thickwood Hot Lunches](#) (password TWHL). These lunches would not be possible without our amazing PAC volunteers.

Please do not order Skip the Dishes or DoorDash to the School. We do not have the staff to accept orders and drivers do not know who the deliveries are for.

Leader in Me

Each month we will feature one of the Seven Habits in our Assemblies, Announcements and Newsletters. More information on the Leader in Me can be found through this [link](#). The habit for February is Seek to Understand and then be Understood.



Did you know: The Thunderbird is a legendary creature in particular North American Indigenous peoples' history and culture. It is considered a supernatural being of power and strength.

Seven Sacred Teachings

The Seven Sacred Teachings are a form of Character Education through our health programming. The February teaching is the Wolf- Humility.

Have a Heart Day

Thickwood Heights will be participating in "Have a Heart Day" on February 13th in connection with the First Nations Child and Family Caring Society to lead in reconciliation and ensure that all First Nations children have the opportunity to grow up safely at home, receive a good education, be healthy and safe..



School Volunteers

If you are interested in volunteering at school for special events or field trips, please stop by the office to pick up a Criminal Records Check form. Our school will cover the cost of the check for any parents or guardians interested in volunteering.



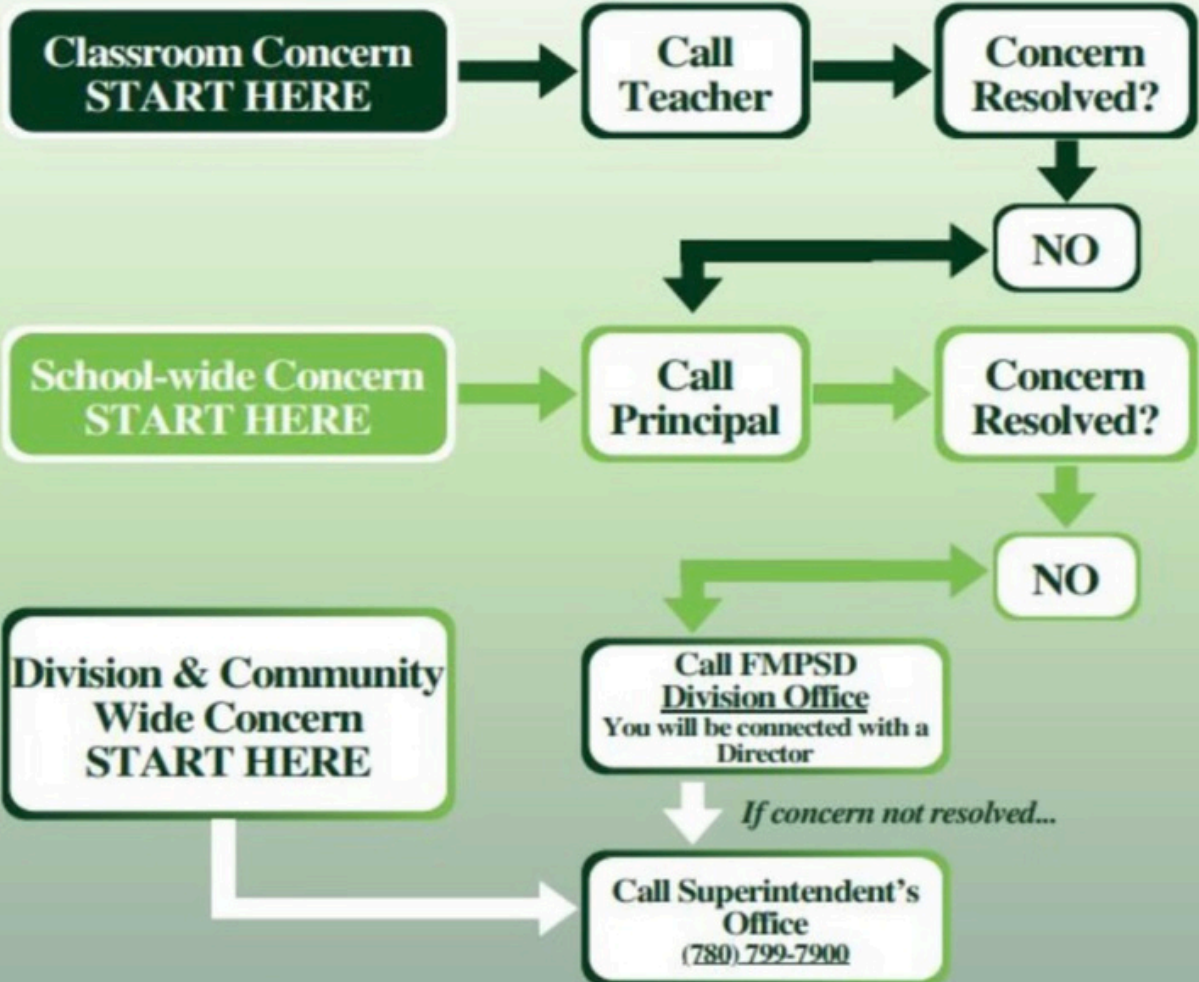
Winter is here!

Please make sure students bring hat, boots, mittens and warm clothes to school. Students go outside to enjoy the fresh air as long as it is -24 or warmer.

Have a concern that needs attention? Please follow the FMPSD chain of command to address it.



Addressing Concerns @FMPSD



If you cannot determine whom to call
START HERE

Contact Us.
We want to hear from you.
☎ (780) 799-7900 ✉ info@fm-psd.ab.ca

www.fm-psd-schools.ca/contact

With cold and flu season here, regular handwashing is key. Wash for 20 seconds to help stop the spread of germs and stay healthy!



WHEN SHOULD YOU RETURN FROM ILLNESS?

Flu season is here—remember to wash your hands often, cover your coughs and sneezes, and stay home if you're feeling unwell.

It's important to know the next steps for returning back to school after an illness:

RESPIRATORY ILLNESS

Stay home until:

- All symptoms have improved AND
- Feeling well enough to resume normal activities AND
- Fever-free for 24 hours without using fever-reducing medications.

GI ILLNESS

Stay home until 48 hours after the last episode of vomiting and/or diarrhea.

RASH AND OTHER ILLNESSES

Stay home for the length of time recommended by a physician, nurse practitioner or the AHS Public Health Outbreak team.